

## House of Care

The Centre for Intellectual Disability (CID)

St- Andrew's Mission, CACM, Periyaneelavanai. Kalmunai

**Goal** : Mainstreaming Disability into development

**Programmes:** To provide special education and training to children with disabilities  
To improve the living standards of socially and economically deprived communities who have among them person with disabilities.  
To increase the level of participation of persons with disability in development activities

**History :** During the period of the war and post war recovery the CACM identified one of the issues burdens families and often hinders their well being is their struggle to care for children with mental disabilities. Some of these children were referred by the families to the CACM whose centre has worked to enable these children to attend regular government schools. The centre was founded in 1996 with donor support. Since 2010 the CACM has had full responsibility for its funding and has had various short term donors. Since 2012 the care of the children has included "Occupational Therapy with Livelihood Approaches" with the guidance of Dr. Judy Ramesh, Government Hospital, Kalmunai.

**Professional Approaches of the House of Care** : Intellectual disability or developmental delay/ Mental retardation is a term that was once commonly used to describe someone who learns and develops more slowly than other children. Some children with **Autism, Downe syndrome, or Cerebral Palsy** may be described as having an intellectual disability, yet they often have a great capacity to learn and become quite capable persons. According the Classification of Intellectual Disability (ID) we divided them as three groups based on their abilities for schooling purpose.

There are three classification used.

Mildly : Mental Age 8-12; learn to approximately 6<sup>th</sup> grade level

Moderately : Mental Age 5-8; cannot learn academic subjects in school.

Severely /Profoundly : many require –long care and supervision and are often confined to institution

**Activities of the House of Care:** During school, a child with an intellectual disability will probably need help. Some children have aides that stay with them during the school day. They may be in special classes or get other services to help them learn and develop which are all provided by the House of Care. Following are provided by our centre:

1, "Life skills" : Life skills are the skills people need to take care of themselves as they get older, such as how to clean the body , eat meals , keep their things safely and public compoment.

2, "Occupational Therapy stage 01": Children with an intellectual disability train through some kind of schooling activities such as coloring, sticking, painting, music,

dance, art work and team work.

3, "Occupational Therapy stage 02" :Adults with intellectual disabilities learn how to be involved in small level livelihood activities and learn to live independently or in a group home.

4, "Nutrition food" : we prepare nutritious meals to strengthen them from Monday-Friday.

5, "Meditation" : Guide them to more peaceful life and emotional states through meditation and prayers.

**Component of expense:**

1. Transport : we provide three wheeler service to pickup them and bring them to centre from their homes

2, Meal and refreshment : Morning tea with short eats and lunch

3, Health and Medical care : provide to them toiletries such as soap, cologne and power and medicine with doctors prescription

4, Administration : Staffs and management

5, Maintenance : Building maintenance, furniture and equipments

**Future Plans** : Following things are to be done

1, Should be arranged and organized more intensive training for staff, and links with institutions that can provide greater support for this centre. Improve care and teaching of children.

2, Implement occupational therapy with livelihood purpose

3, Repair and rearrange the wash room and toilets

To, Dr Darshan Ambalavanar, Manager Project, CACM.

From, House of Care, St-Andrew's CACM, Periyaneelavanai.

Subject, Tentative Budget for 2013.

No	Description	Monthly	Ones in a year	Time line
1	Food and refreshment	15000.00		1 <sup>st</sup> week
2	Vehicle ( petrol and maintenance)	6000.00		1 <sup>st</sup> week
3	Soap and cleaning	1500.00		1 <sup>st</sup> week
4	Stipend	21600.00		3 <sup>rd</sup> week
5	Stationary	2000.00		1 <sup>st</sup> week
6	Class room maintenance		5000.00	Jan 2 <sup>nd</sup> week
7	Sports items		5000.00	Feb 1 <sup>st</sup> week
8	Management aids		4000.00	Jan 2 <sup>nd</sup> week
9	Occupational therapy - Garden		8000.00	Feb 3 <sup>rd</sup> week
10	Uniform		10000.00	Jan 2 <sup>nd</sup> week
11	Occupational therapy - poultry		8000.00	May 1 <sup>st</sup> week
12	Occupational therapy -- main	1000.00		3 <sup>rd</sup> week
13	Exhibition		5000.00	Nov 3 <sup>rd</sup> week
14	Christmas gift and programme		20000.00	Nov 3 <sup>rd</sup> week
	Total	47 100.00	65000.00	

**Following document should be maintain**

- 1, Day book and ledger
- 2, Monthly account and project report
- 3, Stock book and issue book for Food& refreshment, Stationary
- 4, Student and staff attendance
- 5, Vehicle maintenance report
- 6, Report and log book

Teacher in charge

Director

Regional Chairman

The Expenses Summary for 2012  
House of Care, CACM, Periyaneelavai.

No	Expenses	Jan	Feb	Mar	April	May	June	July	August	Sep	Oct	Nov	Dec
1	Meals +refreshment	17175.	16640.	13793.	7000.	15000.	15000.	15000.	00.	15000.	15100.	15275.	2920.
2	Transport	6660.	5558.	6780.	3000.	6390.	6100.	7600.	00.	6000.	6450.	6860.	1020.
3	Education	2195.	00.	1045.	00.	00.	00.	00.	00.	640.	00.	2110.	00.
4	Health + Medical	2013.	1759.	2485.	1010.	1284.	784.	3584.	00.	1050.	2094.	1744.	00.
5	Programmes	00.	00.	00.	00.	00.	00.	00.	00.	00.	990.	00.	12595.
6	Administration	25310.	24510.	24290.	21290.	12050.	17050.	17050.	17050.	17050.	17050.	17050.	17050.
7	Maintenance	00.	13420.	00.	00.	1450.	00.	1370.	00.	00.	480.	00.	00.
8	Total	53353.	61887.	48393.	32300.	36174.	38934.	44604.	17050.	39740.	42164.	43039.	33585.

Expense summary from July- Dec, 2012

Meals +refreshment	63 295.00
Transport	27 930.00
Education	2 750.00
Health + Medical	8 472.00
Programmes	13 585.00
Administration	102 300.00
Maintenance	1 850.00
Total	220 102.00

Tamil Aid funded the last 6 months of the year. Of the Rs.300,000 after 10% deduction, the approximately Rs.80,000 will be used for the first months expenses of the new year.